

**University of Pittsburgh
Schedule of Classes for Fall Term 2020-2021
Academic Term**

Honors College - Honors College - Subject: Honors

Subject	Catalog Nbr	Section	Class Nbr	Course Title	Component	Units	Topics
HONORS	0001	1030	30329	UNIVERSITY ORIENTATION	Lecture	1	
Bldg: Cathedral of Learning Room: 03504 Days: TBA Time: 10:00 - 10:50 UNIVERSITY HONORS COLLEGE Instructor: Staff							
Class Enrl Cap: 12 Class Enrl Tot: 0 Class Wait Cap: 10 Class Wait Tot: 0 Class Min Enrl: 0							
Attributes: University Honors Course							
Room Characteristics: PeopleSoft - Scheduled (PS)(1)							
HONORS	0001	1050	30332	UNIVERSITY ORIENTATION	Lecture	1	
Bldg: Cathedral of Learning Room: 03504 Days: F Time: 12:00 - 12:50 UNIVERSITY HONORS COLLEGE Instructor: Staff							
Class Enrl Cap: 12 Class Enrl Tot: 0 Class Wait Cap: 10 Class Wait Tot: 0 Class Min Enrl: 0							
Attributes: University Honors Course							
Room Characteristics: PeopleSoft - Scheduled (PS)(1)							
HONORS	0001	1051	30333	UNIVERSITY ORIENTATION	Lecture	1	
Bldg: Cathedral of Learning Room: 03504 Days: W Time: 12:00 - 12:50 UNIVERSITY HONORS COLLEGE Instructor: Staff							
Class Enrl Cap: 12 Class Enrl Tot: 0 Class Wait Cap: 10 Class Wait Tot: 0 Class Min Enrl: 0							
Attributes: University Honors Course							
Room Characteristics: PeopleSoft - Scheduled (PS)(1)							
HONORS	0001	1052	30334	UNIVERSITY ORIENTATION	Lecture	1	
Bldg: Cathedral of Learning Room: 03504 Days: M Time: 12:00 - 12:50 UNIVERSITY HONORS COLLEGE Instructor: Staff							
Class Enrl Cap: 12 Class Enrl Tot: 0 Class Wait Cap: 10 Class Wait Tot: 0 Class Min Enrl: 0							
Attributes: University Honors Course							
Room Characteristics: PeopleSoft - Scheduled (PS)(1)							
HONORS	0001	1070	30335	UNIVERSITY ORIENTATION	Lecture	1	
Bldg: Cathedral of Learning Room: 03504 Days: M Time: 14:00 - 14:50 UNIVERSITY HONORS COLLEGE Instructor: Staff							
Class Enrl Cap: 12 Class Enrl Tot: 0 Class Wait Cap: 10 Class Wait Tot: 0 Class Min Enrl: 0							
Attributes: University Honors Course							
Room Characteristics: PeopleSoft - Scheduled (PS)(1)							
HONORS	0010	1090	27630	CHANCELLOR SCHOLAR ORIENTATION	Lecture	1	
Bldg: Cathedral of Learning Room: 00329 Days: Tu Time: 16:00 - 17:15 UNIVERSITY HONORS COLLEGE Instructor: Staff							
Class Enrl Cap: 12 Class Enrl Tot: 0 Class Wait Cap: 10 Class Wait Tot: 0 Class Min Enrl: 0							
Attributes: University Honors Course							
Room Characteristics: PeopleSoft - Scheduled (PS)(1)							

HONORS 0080 1010 13287 BRACKENRIDGE RESEARCH SEMINAR Lecture 1
Bldg: TO BE ARRANGED **Room:** TBA **Days:** TBA **Time:** 00:00 - 00:00 UNIVERSITY HONORS COLLEGE **Instructor:** Sepac, Jason J
Class Enrl Cap: 12 **Class Enrl Tot:** 0 **Class Wait Cap:** 10 **Class Wait Tot:** 0 **Class Min Enrl:** 0
Attributes: University Honors Course

HONORS 0081 1010 25402 HNRS COLL/HLTH SCI RES SEMINAR Lecture 1
Bldg: TO BE ARRANGED **Room:** TBA **Days:** TBA **Time:** 00:00 - 00:00 UNIVERSITY HONORS COLLEGE **Instructor:** Hornyak, David A
Class Enrl Cap: 12 **Class Enrl Tot:** 0 **Class Wait Cap:** 10 **Class Wait Tot:** 0 **Class Min Enrl:** 0
Attributes: University Honors Course

HONORS 0082 1030 18369 SEMINAR IN CONDUCTING RESEARCH Lecture 1
Bldg: Cathedral of Learning **Room:** 03504 **Days:** Tu **Time:** 09:30 - 10:45 UNIVERSITY HONORS COLLEGE **Instructor:** Hornyak, David A
Class Enrl Cap: 12 **Class Enrl Tot:** 0 **Class Wait Cap:** 10 **Class Wait Tot:** 0 **Class Min Enrl:** 0
Attributes: University Honors Course
Room Characteristics: Media - Data Projector/Monitor(1), PeopleSoft - Scheduled (PS)(1)

HONORS 0082 1150 18368 SEMINAR IN CONDUCTING RESEARCH Lecture 1
Bldg: Victoria Building **Room:** 00111 **Days:** F **Time:** 10:00 - 11:15 UNIVERSITY HONORS COLLEGE **Instructor:** Hornyak, David A
Class Enrl Cap: 25 **Class Enrl Tot:** 0 **Class Wait Cap:** 20 **Class Wait Tot:** 0 **Class Min Enrl:** 0
Attributes: University Honors Course
Room Characteristics: PeopleSoft - Scheduled (PS)(1)

HONORS 0083 1010 26799 SEMINAR IN CMNY-BASED RESEARCH Seminar 1
Bldg: TO BE ARRANGED **Room:** TBA **Days:** F **Time:** 10:00 - 11:15 UNIVERSITY HONORS COLLEGE **Instructor:** Hickling, Holly L
Class Enrl Cap: 12 **Class Enrl Tot:** 0 **Class Wait Cap:** 10 **Class Wait Tot:** 0 **Class Min Enrl:** 0
Attributes: University Honors Course

Seminar for the ACT Fellowship for community-based research. While fellows engage in research under the mentorship of a faculty mentor and community partner, this weekly seminar provides a space to discuss research hurdles, participate in critical reflection, and explore a curriculum themed around ethics and best practices of community-based research. The seminar links personal research experience with readings, journal assignments, and group discussion.

HONORS 1010 1500 24602 SPECIAL TOPICS SEMINAR Seminar 1
Bldg: TO BE ARRANGED **Room:** TBA **Days:** TBA **Time:** 00:00 - 00:00 ELSIE HILLMAN FELLOWS SEMINAR **Instructor:** Maverro, Meredith Leigh
Class Enrl Cap: 12 **Class Enrl Tot:** 0 **Class Wait Cap:** 10 **Class Wait Tot:** 0 **Class Min Enrl:** 0
Attributes: University Honors Course

The Elsie Hillman Honors Scholars program is a community-based internship program designed to foster experiential and integrative learning in affiliated community organizations. Students are matched with community partners in the Pittsburgh region to develop student- and agency-led projects that advance the goals and mission of the organization and develop the student's leadership skills and understanding of the agency's work. Students develop an in-depth understanding of the organization and the community it serves as they collaborate with their mentors. Additionally, Elsie Scholars participate in a bi-weekly, interdisciplinary seminar where they join their peers to report on their progress, receive instruction, and examine the leadership qualities and character of Elsie Hillman.

HONORS 1510 1010 30338 SPECIAL TOPICS Lecture 3
Bldg: TO BE ARRANGED **Room:** TBA **Days:** TBA **Time:** 00:00 - 00:00 PEDIATRICS: BENCH TO BEDSIDE **Instructor:** Staff
Bldg: TO BE ARRANGED **Room:** TBA **Days:** TBA **Time:** 00:00 - 00:00 UNIVERSITY HONORS COLLEGE **Instructor:** Staff
Class Enrl Cap: 12 **Class Enrl Tot:** 0 **Class Wait Cap:** 10 **Class Wait Tot:** 0 **Class Min Enrl:** 0
Attributes: University Honors Course

HONORS 1510 1015 30342 SPECIAL TOPICS Lecture 3
Bldg: Cathedral of Learning **Room:** 00329 **Days:** TuTh **Time:** 14:30 - 15:45 WELLNESS AND RESILIENCE **Instructor:** Staff
Bldg: Cathedral of Learning **Room:** 00319 **Days:** TuF **Time:** 14:30 - 15:45 UNIVERSITY HONORS COLLEGE **Instructor:** Staff
Class Enrl Cap: 12 **Class Enrl Tot:** 0 **Class Wait Cap:** 10 **Class Wait Tot:** 0 **Class Min Enrl:** 0
Attributes: University Honors Course
Room Characteristics: PeopleSoft - Scheduled (PS)(1)

HONORS 1905 1010 13286 BPHIL THESIS RESEARCH Thesis Research 1 - 6
Bldg: TO BE ARRANGED **Room:** TBA **Days:** TBA **Time:** 00:00 - 00:00 UNIVERSITY HONORS COLLEGE **Instructor:** Hornyak, David A
Class Enrl Cap: 10 **Class Enrl Tot:** 0 **Class Wait Cap:** 10 **Class Wait Tot:** 0 **Class Min Enrl:** 0
Attributes: University Honors Course

This course is restricted to students whose application to Bachelor of Philosophy degree candidacy has been approved.

University of Pittsburgh
 Schedule of Classes for Fall Term 2020-2021
 Full Term Session

Honors College - Honors College - Subject: Honors

Subject	Catalog Nbr	Section	Class Nbr	Course Title	Component	Units	Topics
HONORS	1510	1110	28026	SPECIAL TOPICS	Lecture	3	

Bldg: Cathedral of Learning **Room:** 00327 **Days:** W **Time:** 18:00 - 20:30 UNIVERSITY HONORS COLLEGE **Instructor:** Chugani,Carla D

Long,Cassandra Elaine

Class Enrl Cap: 20 **Class Enrl Tot:** 0 **Class Wait Cap:** 20 **Class Wait Tot:** 0 **Class Min Enrl:** 0

Attributes: University Honors Course

Room Characteristics: PeopleSoft - Scheduled (PS)(1)

The purpose of this course is to teach undergraduate students skills for having resilience in the face of commonly experienced stressors and difficulties. Resilience is not only about your ability to positively adapt in the face of adverse or challenging circumstances (that is, survive), but it is also about learning the positive skills, strategies and routines that enable you to live a happy, fulfilling, and successful life (in other words, thrive). This course will focus on research-informed resilience strategies and emotion regulation skills (such as opposite action, relaxation, mindfulness, and practicing gratitude) as well as building positive routines (for example, good eating and sleep habits, daily exercising, scheduling fun activities). This course will provide you with a personalized set of strategies and skills for self-care and optimize your academic and social experiences while in college and beyond.